Course Number: NUR 330

Course Title: Introduction to Nursing as a Discipline and Profession

Semester: Summer 2014 (5 weeks)
June 2, 2014—July 1, 2014

Credit Hours: 3

Clock Hours: 45 Hours Total

Day: Mondays

Time: 9:00 am to 1:00 pm + online assignments

Location: NAU- North Valley #TBD

Faculty: Lonnie Wederski, PhD, MSN, MBA, RN

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Phoenix, Arizona 85053

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Alternate E-mail: Use if unable to get into BBlearn
lonnie.wederski@nau.edu

Phone: 602.776.4662

Office Hours: By appointment; will be available prior to and following class meetings

Course Prerequisite: Admission to Concurrent BSN with MaricopaNursing

Catalog Description: An introduction to nursing as a distinct discipline of knowledge and a unique professional service.
Student Learning Outcomes

The successful student will be prepared to:

Clinical Practice and Prevention
1. Examine nursing as nurturing the well-being and wholeness of persons through caring.
2. Demonstrate respect for the meaning of wholeness of persons connected with others in the environment as central to understanding person and persons.

Communication
3. Demonstrate appropriate, respectful, and accurate written and verbal communication.

Critical Reasoning
4. Examine nursing theories and conceptual frameworks emphasizing application to nursing practice.
5. Apply critical reasoning to analyze nursing situations.

Leadership
6. Examine the political process as it relates to nursing practice.

Professionalism and Professional Values
7. Examine selected legal and ethical aspects of professional nursing practice.
8. Evaluate personal beliefs, philosophy, and caring behaviors in relation to professional nursing.
9. Develop an appreciation of images of nurse and nursing over time.
10. Explore nursing as a discipline and a profession.
11. Explore the contemporary and historical context of nursing.

Global Health
12. Examine one’s own personal values, beliefs, and practices as compared to diverse populations in a global society.

Course Structure/Approach:

This course will use a variety of approaches to support and enhance student learning and to achieve the student learning outcomes. These instructional methods include, but are not limited to:

- Class Discussion
- Audio-Visual Materials
- Written assignments

Textbook and Required Materials:


Recommended Optional Materials:

Course Videos (view before assigned class in BBLearn)
• Code Gray (26 minutes)
• Nursing, Ethics and the Law (34 minutes)
• Nursing Theory: Circle of Knowledge (2 parts) (33 minutes)
• Nurse to Nurse from Addiction to Recovery (20 minutes)

Assessment of Student Learning Outcomes:
• Personal philosophy of nursing paper 20
• Nurse Practice Act Test 15
• Reflective Journal (3 submissions 10 points each) 30
• In class activities (3 at 5 points each) 15
• Final Presentation 20
Total Points 100

Grading Scale
A = 93 + points
B = 84 - 92 points
C = 78 - 83 points (A grade of "C" or above is a passing grade in this course).
F = <78

PERSONAL NURSING PHILOSOPHY PAPER: Due Date 7/1/2014; submit prior to midnight in BBLearn

ASSIGNMENT: Describe your personal philosophy of nursing.

Use the following questions to guide development of your philosophy:
• What is your central belief about the individual person?
• What constitutes the environment?
• How do the individual and the environment interact?
• What is your view of health?
• How does illness relate to health?
• What is the central reason for the existence of nursing?

FORMAT: Must be written in APA format and limited to 2 pages excluding references.

GRADING CRITERIA

| 1. Incorporated personal belief regarding the profession of nursing | 9 |
| 2. Integrated explication of the meta-paradigm concepts | 9 |
| 3. APA format, composition, grammar, spelling | 2 |
Total 20

You may also review the grading rubric for this assignment in BBLearn
REFLECTIVE JOURNAL ASSIGNMENTS

PURPOSE: The purpose of this journal is two-fold: 1) to stimulate the exploration of the personal meaning of the topics presented in the course, and 2) to develop and communicate an integrated understanding of the objectives of the course.

ASSIGNMENT: In your journal, identify and describe an experience you have had related to one of the assigned topics and record your reflections as a student of professional nursing. Show how it had an impact on your growth in nursing.

Journals are intended to be thoughtful expressions that reflect how you feel about nursing and assuming the role of a professional nurse. Your reflections should be described in the first person, subjective, as “I” (I feel as though...). You may choose to reflect by using prose, poetry or sketches to illuminate a particular thought. This aesthetic way of knowing is encouraged. Journaling is a reflexive process that promotes expanding your worldview and should reflect depth of thought about new concepts. A professional journal is not a personal diary, although you should comment on your personal and professional growth. Do not use citations or quotes from the assigned readings. If you refer to the readings, state it informally, “I am able to understand what Mayeroff means by humility as I was able to.....

Journals entries should be submitted via the BbLearn course shell and must be typed and double-spaced. Include your name and the title of the journal. There should be enough depth to the journal to show quality of the reflection so the length will likely be 1-2 pages.

FORMAT:

Use a word processor, font of 12, double spaced with appropriate margins.

Your language should reflect that of a student enrolled in a baccalaureate nursing program.

The journal should include a description of a life experience related to the topics, including your personal reflection on the meaning of the experience.

GRADING CRITERIA:

The grading guidelines are as follows:

- Description of experience related to the topic (4 points)
- Depth of personal reflection and discussion on the experience and its contribution to personal growth in nursing (4 points)
- Grammar, spelling, adherence to process guidelines, writing style (2 points)

Total 30 points (10 points each for 3 journal entries)

You may also review the grading rubric for this assignment in BBLearn
FINAL PRESENTATIONS

You will work with your group to develop a 10 minute presentation on the topics below. The topic will be “drawn out of a hat” and the group will have 4 weeks to develop their presentation. The goal of the presentation is to be informative, yet creative. The presentations will be graded as follows:

<table>
<thead>
<tr>
<th>Category</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Creativity and originality</td>
<td>8</td>
</tr>
<tr>
<td>Accuracy of information</td>
<td>8</td>
</tr>
<tr>
<td>References in APA format turned in at the time of the presentation</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>20</td>
</tr>
</tbody>
</table>

You may also review the grading rubric for this assignment in BBLearn

Sample Topics

- Nursing History
- Public Health Nursing
- Global Nursing
- Nursing Theorist—Watson
- Nursing Theorist—Margaret Newman
- Images of Nursing
- Working with your legislators to affect health care policy
- Nursing comportment for practice
- Dealing with Bullying from a Caring Perspective
- Caring for self

Topics/groups will be randomly assigned during the first class meeting for the presentation on June 2, 2014.
Class Schedule—Summer Session I, 2014

Week #1  Orientation to the Course and Bb Learn
6/2/2014 Images of Nursing

In Class Discussion:
- What it means to be a nurse.
- What is the image of nursing and why does it matter?

In Class Activities:
- Nursing scholarship and using the library: Groups will do a topic search using CINAHL, PUBMED and Mosby Nursing Consult and present findings (5 points)

Reflective Journal #1: look at any type of media (books, TV, films, Ads, news). Write about how the media selected portrays nurses/nursing and how this makes you feel about the profession. Journal must be submitted in BBLearn by 11:59pm 6/8/2014

Week #2  Nursing as a Discipline: Theory & Frameworks
6/9/2014 Caring—More than a feeling
Patterns of Knowing
Nursing Theory and Practice—The Art and Science

In Class Discussion:
- Frameworks for nursing practice and education
- Application of theory to practice

Reading Assignments:
- Leddy, Chapters 5 and 6

Assignment: Videos (view before class in BBLearn):
- Nursing Theory: Circle of Knowledge (2 parts) (33 minutes)

Reflective Journal #2: What does caring mean to you? Journal must be submitted by 11:59pm 6/15/2014

Week #3  Nursing as a Profession: Ethical and Legal Perspectives.
6/16/2014

In Class Discussion:  ANA Code of Ethics
Arizona Nurse Practice Act
Ethics and the Law
Confidentiality & HIPPA
How to get involved in the political process

In class activities:
- Ethics Case Study (Submit in class after discussion—5 points)

Reading Assignment:--
- Leddy, Chapter 1, 3, 9,12, 20 & 23

Assignment: Videos (view before class in BBLearn):
- Code Gray (26 minutes)
- Nursing, Ethics and the Law (34 minutes)
- Nurse to Nurse from Addiction to Recovery (20 minutes)

**Assignment:** Completion of Nurse Practice Act Test with at least 70%; copy completion email and submit in BBLearn assignment area. Due by 6/22/2014 11:59pm

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**Week # 4**  
**The Practice of Nursing: Concepts of Culture and Health**  
**6/23/2014**  
**Patient Education**

**In Class Discussion:**
- Culture and cultural humility.
- What does it mean to be healthy?
- Principles of teaching and learning

**Reading Assignment (articles are in BBLearn shell)**
- Leddy, Chapter 11 & 17 and

**In Class Activity:**
- Bring Cultural Self assessment to class and turn in after in-class activity (5 points).

**Assignment:** Personal Philosophy Paper is due on 6/29/2014 (See Week 2 for Assignment description/submission)

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**Week # 5**  
**Final Presentations**  
**6/30/2014**

**Reflective Journal #3:** How has this class changed your views about nursing?  
Journal must be submitted by 11:59pm 7/1/2014
COURSE POLICIES:

Important Notice: There is strict adherence to every part of the NAU Student Handbook and the NAU Nursing Student Handbook.

Northern Arizona University Policy Statements can be found at the following address: http://www2.nau.edu/academicadmin/UCCPolicy/plcystmt.html

Attendance Policy: Under NAU Policy, students are expected to attend class prepared to participate in the activities and discussion. We believe attendance will enrich the learning experience.

Grading: In class activities that are graded may only be completed by the student attending that class session in person. Due dates for any other assignments are as described in BBLearn; a late penalty of 5% per day may be assessed for late submission. If circumstances arise that will lead to the late submission of an assignment, students should contact the instructor and negotiate an alternate due date for the assignment.

Plagiarism: All forms of student academic dishonesty, including cheating, fabrication, facilitating academic dishonesty and plagiarism are prohibited and subject to disciplinary action. Cheating means intentionally using or attempting to use unauthorized materials, information or study aids in any academic exercise. Fabrication means intentional and unauthorized falsification or invention of any information or citation in an academic exercise. Plagiarism means intentionally or knowingly representing the words or ideas of another, as one's own in any academic exercise. For further explanation of academic dishonesty refer to the School of Nursing Undergraduate Student Handbook and Northern Arizona University Student Handbook.

The Impaired Student policy will be strictly adhered to; there will be no tolerance in for any evidence of substance abuse.
<table>
<thead>
<tr>
<th>Week #</th>
<th>Topics</th>
<th>Preparation</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>6/2/2014</td>
<td>Orientation to Course &amp; BBLearn Images of Nursing</td>
<td>Reflective Journal #1: Due 6/8/2014 11:59pm</td>
</tr>
<tr>
<td>#3</td>
<td>6/16/2014</td>
<td>Nursing as a Profession: Ethical &amp; Legal Perspectives</td>
<td>Completion of Nursing Practice Act Test with a score of at least 70% (copy completion email and paste into assignment box) Due 6/22/2014 11:59 pm</td>
</tr>
<tr>
<td>#4</td>
<td>6/23/2014</td>
<td>The Practice of Nursing: Concepts of Culture &amp; Health Patient Education</td>
<td>Bring completed Cultural Self-Assessment to class</td>
</tr>
<tr>
<td>#5</td>
<td>6/30/2014</td>
<td>Final Presentations</td>
<td>Final Reflective Journal: Due 7/1/2014 11:59 pm</td>
</tr>
</tbody>
</table>