

Heather J. Williamson, DrPH, MBA, OTR/L, CPH

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Department of Occupational Therapy
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Education

- 2015, Doctorate of Public Health, Community and Family Health, University of South Florida
Dissertation Topic: Implementation of Medicaid Managed Long-term Services and Supports for Adults with Intellectual and/or Developmental Disabilities: A State's Experience
- 2003, Master of Business Administration, University of South Florida
- 1997, Bachelors of Health Science in Occupational Therapy, University of Florida

Professional Experience

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| Assistant Professor
Northern Arizona University, Department of Occupational Therapy | January 2016-Present
Phoenix, AZ |
| <ul style="list-style-type: none">● Design and provide content for courses on public health, health policy, management, leadership, emerging practice, research methods and evidence-based practice.● Contributing researcher in the Center for Health Equity Research focused on addressing health equity with rural and underserved populations in Arizona.● Teach and mentor occupational therapy doctoral students.● Assist with successful preparation for accrediting process through the Accreditation Council for Occupational Therapy Education; the program was awarded a 7-year accreditation.● Manage the practice-scholar apprenticeship program as the Practice-Scholar Coordinator. | |
| Graduate Research Assistant
University of South Florida, Florida Center for Inclusive Communities | April 2014-December 2014
Tampa, FL |
| <ul style="list-style-type: none">● Managed the planning and implementation of four community events as part of a needs assessment for the 5-year planning process.● Recruited community partners to assist with event hosting and identification of event participants including individuals with developmental disabilities, family members, and providers. | |
| Policy Intern
The Arc's Public Policy Office | May 2013-August 2013
Washington, D.C. |
| <ul style="list-style-type: none">● Responsible for developing a research protocol, receiving IRB approval, and funding to complete a qualitative study on family caregiver perspectives regarding Medicaid managed care long-term services and supports in Arizona, Michigan, North Carolina, and Wisconsin. | |

Graduate Research Assistant
University of South Florida, College of Public Health, Community and Family
Health

August 2011-December
2015
Tampa, FL

- Collaborated with public health, anthropology, and mental health law and policy faculty to complete literature reviews and manuscript writing.
- Assisted public health and behavioral health faculty with implementation of a National Institutes on Drug Abuse (R25) grant (Baldwin, 5-R25-DA031103-03) focused on translational research, including curriculum development, service-learning structure, teaching, and program evaluation.
- Assisted with National Institutes of Health Research Project Grant (R01) and Research Education Program (R25) grant applications including literature review, writing, methodology, program structure, and evaluation plan. Both the R01 grant application (Lowe and Baldwin, 1R01-DA035143-01A1) and the R25 (Lescano, 5R24-HD077946-02) were awarded funding.

Associate Director of Education
Injury Prevention Center at Arkansas Children's Hospital

July 2008-June 2011
Little Rock, AR

- Collaborated in planning and execution of research programs funded by Centers for Disease Control and Prevention Unintentional Injury Grant, Emergency Medical Services for Children (U.S. Department of Health and Human Services Health Resources and Services Administration) Targeted Issues Grant, and the National Highway Traffic Safety Administration Cooperative Agreement.
- Took responsibility for short- and long-term planning of the center including strategic plan development, day-to-day management of education, community engagement, marketing, communications, and advocacy efforts.
- Coordinated with coalitions, policy analysts, and legislators resulting in the to passage of a graduated drivers license and primary seat belt laws during the 87th Arkansas General Assembly.
- Managed growth of center including staff expansion and funding growth from \$650,000 to \$1.6 million.
- Implemented new programmatic efforts targeting high-risk expectant mothers, teen drivers, primary care physicians, community-based coalitions, and school-based personnel.
- Marketed and supported new and existing projects via professional presentations to potential donors and community groups.

Associate Executive Director
United Cerebral Palsy of Tampa Bay

October 2007-June 2008
Tampa, FL

- Administered annual budget of \$5 million and operations of seven health and social service home, clinic, and community-based programs for expectant mothers, children and adults with disabilities, and family caregivers.
- Secured three-year accreditation of the Commission on Accreditation of Rehabilitation Facilities (CARF). Recommended by surveyor team to become CARF Surveyor.
- Oversaw contract management and implementation for local and state funding.

- Served as HIPAA Privacy Officer.

Therapy Services Manager
United Cerebral Palsy of Tampa Bay

April 2004-September 2007
Tampa, FL

- Managed therapy department with 12 full time rehabilitation staff members and an annual budget of \$1 million.
- Created and implemented a physician visit marketing program that increased referrals by 19%.
- Improved staff productivity by 16% in two years.
- Successfully initiated programmatic changes to meet the Commission on Accreditation of Rehabilitation Facilities (CARF) criteria for three-year accreditation.
- Completed dual role of therapy services provider while also managing department staff and resources.

Pharmaceutical Sales Account Manager/Inside Buyer
Quality King Healthcare

May 2003-April 2004
Largo, FL

- Generated \$66 million of brand name drug sales to Eckerd Corporation within two calendar quarters.
- Analyzed and revised suggested buy quantities based on current inventory levels and market demand to maximize savings.

Pediatric Occupational Therapist
Independent Living, Inc.

August 2002-May 2003
Tampa, FL

- Provided school-based and home-based occupational therapy services to children age's birth-ten years in collaboration with their family members to meet child, family, and company requirements.

Special Event Coordinator
Arthritis Foundation

January 2001-July 2001
Tampa, FL

- Recruited 25 fundraising members for a 26.2 Joints in Motion marathon program.

Pediatric Occupational Therapist
United Cerebral Palsy of Tampa Bay

January 1998-December 2000
Tampa, FL

- Spearheaded partnerships with outside agency resources to enhance services for children with special needs and their family caregivers.
- Provided school-based and home-based occupational therapy services to children age's birth-ten years in collaboration with their family members to meet child, family, and company requirements.

Bibliography

Published Articles and/or Reports

- **Williamson, H.J.**, Perkins, E.A., Levin, B.L., Baldwin, J.A., Armstrong, M.I., Lulinski, A., and Massey, O.T. (*In Press*) Implementation of Medicaid Managed Long-Term Services and Supports for Adults with Intellectual and/or Developmental Disabilities in Kansas. *Intellectual and Developmental Disabilities*.

- **Williamson, H.J.**, Perkins, E.A., Fitzgerald, M., Acosta, A., Agrawal, J., & Massey, O.T. (*In Press*). Family caregivers of individuals with intellectual and developmental disabilities: Experiences in states with Medicaid managed care long-term services and supports. *Journal of Policy and Practice in Intellectual Disabilities*.
- Burton, D., Levin, B.L., Massey, O.T., **Williamson, H.J.**, & Baldwin, J.A. (2016). Innovative graduate research education for advancement of implementation science in adolescent behavioral health. *The Journal of Behavioral Health Services & Research*, 43 (2), 172-186. DOI: 10.1007/s11414-015-9494-3.
- **Williamson, H.J.**, Young, B.R., Murray, N., Burton, D., Levin, B.L., Massey, O.T., & Baldwin, J.A. (2016). Community-university partnerships for research and practice: Application of an interactive and contextual model of collaboration. *Journal of Higher Education Outreach and Engagement*. 20(2), 55-84.
- **Williamson, H.J.** (2015). *Research Brief: Implementation of KanCare for Adults with Intellectual and/or Developmental Disabilities* (Based Upon a Doctoral Dissertation). Tampa, FL: University of South Florida. DOI: 10.13140/RG.2.1.1135.8162
- Young, B.R, **Williamson, H.J.**, Burton, D., Levin, B.L., Massey, O.T., & Baldwin, J.A.(2015). Challenges and benefits in designing and implementing a team-based research mentorship experience in translational research. *Pedagogy in Health Promotion: The Scholarship of Teaching and Learning*. 1(3), 1-15. DOI: 10.1177/2373379915600174
- Florida Center for Inclusive Communities. (2014). *Florida center for inclusive communities: Community conversations*. Tampa, FL: **Heather J. Williamson**.
- **Williamson, H.J.**, & Perkins, E.A. (2014). Family caregivers of adults with intellectual and developmental disabilities: Outcomes associated with U.S. services and supports. *Intellectual and Developmental Disabilities*, 52(2), 147-159.
- Romero-Daza, N., Baldwin, J.A., Lescano, C. , **Williamson, H.J.** , Tilley, D.L. , Chan, I. , Tewell, M., & Palacios, W.R. (2013). Syndemic theory as a model for training and mentorship to address HIV/AIDS among Latinos in the U.S. *Annals of Anthropological Practice*, 36(2), 232-256.
- **Williamson, H.J.** (2012, March 30). Managing chronic disease. [Letter to the editor]. Tampa Bay Times, p. 16A.
- **Williamson, H.J.**, Ruud, A., & Aitken, M.E. (2011). Preventing injuries in Arkansas: A resource for state policy makers. Retrieved from <http://www.archildrens.org/documents/Services/IPC/LegislativeBooklet.pdf>
- **Williamson, H.J.**, Bowman S, Aitken M.E. & Wheeler G. (2009). Unintentional Injuries: Strategies to decrease the risk to Arkansas' children. *Journal of the Arkansas Medical Society* 106(3):60-61.

Articles in Review

- **Williamson, H.J.**, Perkins, E.A., Massey, O.T., Baldwin, J.A., Lulinski, A., Armstrong, M.I., and Levin, B.L.. Family Caregivers as Needed Partners: Recognizing Their Role in Medicaid Managed Long-Term Services and Supports.
- Baldwin, J.A., **Williamson, H.J.**, Eaves, E., Burton, D., Levin, B.L., & Massey, O.T. Broadening measures of success: Results of a behavioral health translational research training program.

Manuscripts in Preparation

- **Williamson, H.J.** & Kirby, R.S. Is being a caregiver related to health and well-being: A secondary data analysis of BRFSS 2010 caregiver module.

Refereed Conference Papers, Presentations & Invited Lectures

- **Williamson, H. J.**, Contereras, G. M., Rodriguez, E. S., & Smith, J. M. (2017, April). Poster, *Adults with Intellectual and Developmental Disabilities and Health Care Access: A Systematic Review and Opportunities for Occupational Therapy*. AOTA Annual Conference & Centennial Celebration.

Philadelphia, PA: American Occupational Therapy Association.

- **Williamson, H. J.** (2017, April). Oral Presentation, *Medicaid Managed Care and Adults with Intellectual and/or Developmental Disabilities and their Family Caregivers*. AOTA Annual Conference & Centennial Celebration. Philadelphia, PA: American Occupational Therapy Association.
- Eaves, E., **Williamson, H.J.**, & Baldwin, J.A. (2016, December). Poster, *Integration of Primary Care and Behavioral Health Services: Barriers and Breakthroughs in Care Coordination*. Washington, DC: 9th Annual Conference on the Science of Dissemination and Implementation in Health.
- **Williamson, H.J.**, Perkins, E., Levin, B.L., Baldwin, J., Lulinski, A., Armstrong, M.I., & Massey, O.T. (2016, October). Oral Presentation, *Implementation of Medicaid Managed Long-term Services and Supports for Adults with Intellectual and Developmental Disabilities*. American Public Health Association Annual Meeting and Expo, Denver, CO.
- **Williamson, H. J.**, Eaves, E., & Baldwin, J. A. (2016, October). Poster, *Addressing Health Equity in Arizona: Opportunities for Collaborative Research*. Arizona Health Equity Conference. The University of Arizona Mel and Enid Zuckerman College of Public Health. Phoenix, AZ.
- Crist, P. Ivy, C., Rogers, O., Stephenson, S., Taggart, L., Trujillo, C, & **Williamson, H.** (2016, September). Poster, *Prospecting for Practice-Scholar Gems: Professional Development Reconsidered*. Arizona Occupational Therapy Association 2016 Fall Conference. Phoenix, AZ.
- **Williamson, H.J.** (2016, September). Guest Lecture, *Aging, Developmental Disabilities and the Needs of Family Caregivers*. James Madison University, Harrisonburg, VA.
- **Williamson, H.J.**, Hines, D., & Johnson, M. (2016, September). Short Course, *How to Search for and Make Evidence-based Practices a Reality in Daily Clinical Practices*. ArizOTA Fall Conference, Phoenix, AZ.
- **Williamson, H.J.** (2016, June). Oral Presentation, *Medicaid Managed Care: Implications for Practice and Policy*, American Association on Intellectual and Developmental Disabilities, Atlanta, GA.
- **Williamson, H.J.** (2015, November). Guest Lecture, *Participatory Action Research and Individuals with Intellectual and Developmental Disabilities*. Northern Arizona University. Phoenix, AZ.
- Burton, D., Massey, O.T., Levin, B.L., Baldwin J. & **Williamson, H.J.** (2014, December). Oral Presentation, *Transforming research education for translational science and implementation of evidence-based practices*. Academy Health's 7th Annual Conference on the Science of Dissemination and Implementation. Washington, D.C
- **Williamson, H.J.**, Young, B.R., Burton, D., Massey, O., Levin, B.L. & Baldwin, J. (2014, November). Poster, *Building Blocks for Developing a Practice Based Translational Research Education Program*, American Public Health Association 142nd Annual Meeting and Expo, New Orleans, LA.
- **Williamson, H.J.** (2014, June). Oral Presentation, *State Activity on Medicaid Managed Long-Term Services and Supports for Individuals with Intellectual and Developmental Disabilities* American Association on Intellectual and Developmental Disabilities National Conference, Orlando, FL
- **Williamson, H.J.** & Perkins, E.A. (2014, June). Poster, *Family Caregivers of Adults with Intellectual and Developmental Disabilities: Outcomes Associated with U.S. Service and Supports*, American Association on Intellectual and Developmental Disabilities National Conference, Orlando, FL.
- **Williamson, H.J.** & Vamos, C. (2014, June). Poster, *Application of Family Theory in Future Planning for Individuals with Intellectual and Developmental Disabilities: A Critical Review*, American Association on Intellectual and Developmental Disabilities National Conference, Orlando, FL.
- **Williamson, H.J.** (2014, May). Oral Presentation, *Medicaid Managed Long-Term Services and Supports*. The Arc of Florida Executive Meeting, Howey in the Hills, FL.
- **Williamson, H.J.** & Kirby, R.S. (2014, February). Poster, *Is Being a Caregiver Related to Health and Well-Being? A Secondary Data Analysis of BRFSS 2010 Caregiver Module*, University of South Florida Health Research Day, Tampa, FL.
- **Williamson, H.J.**, Fitzgerald, M., Acosta, A., Agrawal, J., & Massey, O.T. (2013, December). Poster, *What Has Medicaid Managed Care Meant to Family Caregivers?*, Association of University Centers on Disabilities National Conference, Washington, D.C.

- **Williamson, H.J.**, Green, A., Burton, D. L., Tirotti, M., Massey, O., Levin, B. L., & Baldwin, J. A. (2013, November). Poster, A Paradigm Shift: An Innovative Interdisciplinary Team Mentoring Public Health Research Education Program, American Public Health Association 141st Annual Meeting and Expo, Boston, MA.
- **Williamson, H.J.** (2013, October). Think Tank, Family Caregiver Assessment, American Evaluation Association National Conference, Washington, D.C.
- **Williamson, H.J.** (2013, September). Lecture, Family Systems Theory and Disability, PHC 6410 Social and Behavioral Sciences Applied to Health, University of South Florida, College of Public Health, Community and Family Health, Tampa, FL.
- **Williamson, H.J.**, Fitzgerald, M., Acosta, A., Agrawal, J., & Massey, O.T. (2013, October). Oral Presentation, What Has Medicaid Managed Care Meant to Family Caregivers? The Arc National Convention, Seattle, WA.
- **Williamson, H.J.** (2013, April). Lecture, Teamwork and Conflict Resolution, PHC 6507, Health Education Intervention Methods, , University of South Florida, College of Public Health, Community and Family Health Department, Tampa, FL.
- **Williamson, H.J.** & Armstrong, M.I. (2012, December). Poster, Home and Community Based Services Waiver: Family Quality of Life as an Outcome Measure, Association of University Centers on Disabilities National Conference, Washington, D.C.
- Buhi, E, & **Williamson, H.J.** (2012, February). Lecture, Twitter 101 Workshop, University of South Florida, College of Public Health, Community and Family Health Department, Tampa, FL.
- **Williamson, H.J.** & Bryant, C. (2012, February). Lecture, Framing & Storytelling, PHC 7152 Policy and Practice, University of South Florida, College of Public health, Community and Family Health Department, Tampa, FL.
- **Williamson, H.J.** (2012, June). Lecture, Keypunch: Building Your Team, PHC 7935 Professional Foundations II, University of South Florida, College of Public health, Community and Family Health Department, Tampa, FL.
- Phillips, A.M., Rose, A., Mullins, S.H., **Williamson, H.J.**, & Aitken, M.E. (2011, November). Presentation, Reducing Infant Mortality in Rural Communities Through Safety Baby Shower Community Partnerships. American Academy of Pediatrics National Conference and Exhibition, Boston, MA.
- **Williamson, H.J.**, Mullins, S.H., & Aitken, M.E. (2010, November). Poster, Conducting injury prevention in rural communities: Tailoring messages for booster seat and all-terrain vehicle safety, American Public Health Association 138th Annual Meeting and Expo, Denver, CO.
- **Williamson, H.J.** (2010, September). Lecture, Injury Prevention, Child Development, and Anticipatory Guidance. University of Arkansas for Medical Sciences, Center for Distance Health, Little Rock, AR.
- **Williamson, H.J.** (2010, April). Lecture, Injury Prevention Anticipatory Guidance. Arkansas Chapter, National Association of Pediatric Nurse Practitioners, Little Rock, AR.
- **Williamson, H.J.** (2009, September). Lecture, Injury Prevention Anticipatory Guidance. University of Arkansas for Medical Sciences, College of Nursing, Little Rock, AR.
- **Williamson, H.J.** (2009, April). Breakout Session, “Keeping Them Safe in Your Care.” Arkansas Early Childhood Association Annual Conference, Hot Springs, AR.

Awards and Recognition

- College of Public Health Student Research Scholarship, 2015
- College of Public Health, Department of Community and Family Health, Student Research Award, 2015
- Florida Center for Inclusive Communities, Travel Award, 2014
- Student Honorary Award for Research and Practice, 2013-2014
- Scholarship for the Eighth National Medicaid Congress, 2013
- Florida Center for Inclusive Communities, Travel Award, 2013
- College of Public Health, Department of Community and Family Health, Research Award, 2013

- Student Honorary Award for Research and Practice, 2012-2013
- University Graduate Fellowship, University of South Florida, 2011-2012

Professional Licenses & Certifications

- Certified in Public Health, December 2015
- Arizona Occupational Therapy License, July 2015
- Florida Occupational Therapy License, May 1998
- National Board for Certification in Occupational Therapy, April 1998,=

Professional Societies and Advocacy Organizations

- American Association on Health and Disability
- American Association on Intellectual and Developmental Disabilities
- American Evaluation Association
- American Occupational Therapy Association
- American Public Health Association
- Association of University Centers on Disabilities
- International Association for the Scientific Study of Intellectual Disabilities
- Sibling Leadership Network
- The Arc

Service

- Vice President, ArizOTA, July 2016- present.
- Planning Committee Member and Content Expert, Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities, January – June 2016.
- Reviewer, Intellectual and Developmental Disabilities, 2016- present
- Committee Member, American Association on Intellectual and Developmental Disabilities Student and Early Career Professionals Special Interest Group, 2014-present
- Newsletter Co-Editor and Editor, American Association on Intellectual and Developmental Disabilities, 2014-present
- Committee Member, Local Arrangements Committee, American Association on Intellectual and Developmental Disabilities 2014 Annual Conference, 2013-2014
- Workgroup Member, The Arc Policy and Positions Workgroup, 2013- present
- Committee Member, DrPH Ad Hoc Committee, University of South Florida, 2012-2015
- Committee Member, Community Health Worker Coalition Policy Committee, Florida Department of Health, 2012-2015
- Trainee Liaison, Florida Center for Inclusive Communities at University of South Florida, 2012 - 2015
- National Highway Traffic Safety Administration Certified Child Passenger Safety Technician, 2009-2013
- Registered Pet Partner with Delta Society: The Human-Animal Health Connection. Two Labrador Retrievers, 2008-2011