



**NORTHERN ARIZONA  
UNIVERSITY**

*Extended Campuses*

# Bachelor of Health Sciences: Public Health

*We're everywhere  
you want to learn!*



## PROGRAM HIGHLIGHTS

### **NAU EXTENDED CAMPUSES**

P.O. Box 4117  
Flagstaff, AZ 86011

**1 (800) 426-8315**

[NAU.EDU/EXTENDED](http://NAU.EDU/EXTENDED)

- Program can be completed either online or in-person on the Flagstaff Mountain Campus
- Attend class on your schedule
- Transfer up to 64 lower division credits
- Advisement available by phone or online at 1 (800) 426-3815 or [online.advising@nau.edu](mailto:online.advising@nau.edu)

The Department of Health Sciences at Northern Arizona University offers an online or in-person bachelor degree in Public Health. Graduates of the Public Health program will be broadly prepared in basic public health concepts and processes that can be applied within multiple health related disciplines and in graduate study

This degree is appropriate for qualified students and professionals who:

- wish to earn their Bachelor's degree while continuing to work
- are interested in learning more about health promotion/disease prevention
- would like to qualify for career advancement opportunities

## **Bachelor Degree Requirements:**

The Bachelor of Science in Health Sciences – Diagnostic Medical Imaging and Therapy requires a total of 120 units of NAU and transfer coursework to include:

- Liberal Studies (minimum of 35 units)
- Health Sciences Support Courses (14-15 units)
- Health Science Major Courses (55 units)
- General Electives (if needed to reach 120 credits required for graduation and/or other NAU requirements)

## **Getting Started:**

To get started, please read through this packet then contact one of these locations for further assistance:

NAU GateWay Community College

**(602) 286-8194**

*ECAlliedHealth@nau.edu*

NAU Extended Campuses

**1 (800) 426-8315**

*ECAlliedHealth@nau.edu*

We look forward to helping you meet your education goals!

## FREQUENTLY ASKED QUESTIONS

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### **Do I have to earn the AGEC (Arizona General Education Certificate)?**

No. Students may take NAU online courses to meet specific liberal studies course requirements. Students who do transfer in the AGEC automatically fulfill NAU's liberal studies and diversity requirements. Health Sciences advisors assist students individually to determine their best course of action to complete the program.

### **When should I apply to NAU?**

Applications are accepted year round. See page 7 for application instructions. This program requires two separate applications, one to the department and one to the university. Due to specific prequalification requirements, students should consult with an NAU Health Sciences advisor prior to applying for admission to this program. Qualified students may apply and start taking coursework any semester.

### **How much does it cost to attend NAU?**

The total cost includes tuition, fees, course textbook(s) and materials, residency status of student (Arizona vs. out of state), and the number of courses needed to complete the degree. NAU has one of the lowest tuition rates of any college in Arizona. For detailed, current information on tuition and fees, refer to NAU's website at [nau.edu/bursar](http://nau.edu/bursar) and click on "Tuition and Fees."

### **Is financial aid available?**

Yes. Students who wish to use financial aid to cover their education expenses need to apply for it two to three months prior to their desired start term. Students may contact a financial advisor at (602) 728-9506 or 1 (800) 426-8315, ext. 4951. NAU scholarships are also available. Refer to NAU's financial aid website at [nau.edu/finaid](http://nau.edu/finaid) for more information.

### **Where and how are NAU courses held?**

All NAU coursework for this program is delivered online. No travel to the main NAU campus in Flagstaff is required. Refer to the final page of this packet for more information about taking online classes through NAU.

### **Can I transfer to NAU-Flagstaff to complete this degree?**

Yes. Students may transfer to the NAU Flagstaff campus to complete the program if they wish. The online format allows students who cannot attend college in a traditional setting to complete this program no matter where they live.

# BACHELOR'S DEGREE CURRICULUM

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## **Liberal Studies (minimum of 35 units):**

Students must complete 35 units of NAU Liberal Studies, as well as meet NAU's U.S. Ethnic and Global Diversity requirements. Arizona students who have completed the AGECE (Arizona General Education Curriculum) meet all of the NAU Liberal Studies requirements.

## **Health Sciences Support Courses (14-15 units)**

- Any Nutrition Course
- BIO 201
- BIO 202
- PSY 230/STA 270

## **Health Sciences Core Courses (55 units):**

- HS 200 – Healthy Lifestyles
- HS 205 – Foundations of Public Health
- HS 250 – Prevention Concepts for Risky Health Behaviors
- HS 300 – Human Diseases
- HS 303 – Exercise Science for Health Promotion
- HS 305 – Theories of Health Behaviors
- HS 306 – Methods for Community Health Promotion
- HS 313 – Environmental Health
- HS 317 – Maternal, Child, & Sexual Health
- HS 390W (JLWR) – Current Health Issues
- HS 402 – Organization of Coordinated School Health Programs
- HS 403 – Planning, Implementing, and Evaluating health programs
- HS 404 – Principles of Epidemiology
- HS approved elective
- HS approved elective
- HS 408C - Fieldwork Experience (Capstone requirement)

## **Electives:**

As needed to reach 120 minimum unit for the bachelor degree and/or to meet other NAU requirements not already met.

NAME	ID NUMBER	EVALUATOR	DATE
AGEC Completed: Yes <input type="checkbox"/> Date:    No <input type="checkbox"/>			
<b>I. LIBERAL STUDIES (35 Hours)</b>		<b>III. HEALTH SCIENCES CURRICULUM</b>	
COURSE PREFIX & NUMBER	HRS	SEM & YR	INST/ GRADE
<b>Foundations (7 hours minimum) (FNRQ)</b>		<b>Health Sciences Support Courses (14-15 hours)</b>	
MAT 114/STA 270 <i>**see page 2</i>	3		
Choose 1 of the following:			
ENG 105	4		
or, ENG 101 and ENG 102 <i>** See page 2</i>	6		
<b>Distribution Requirements (25 hours)</b>		<b>Health Sciences Core Courses (55 hours)</b>	
<b>Science (7 hours) (at least one must be a LS course)</b>		HS 200 (B or higher) 3	
		HS 205 3	
		HS 250 3	
		HS 300 3	
		HS 303 <i>Summer term only</i> 4	
		HS 305 3	
		HS 306 3	
		HS 313 3	
		HS 317 3	
		HS 390W (JLWR) 3	
		HS 402 <i>Summer term only</i> 3	
		HS 403 3	
		HS 404 3	
		HS approved elective 3	
		HS approved elective 3	
		HS 408C 9	
<b>TOTAL HOURS</b>	<b>(35 hours minimum)</b>	<b>IV. ELECTIVES (If Needed to Reach 120 hours)</b>	
<b>II. DIVERSITY COURSE REQUIREMENTS</b>			
GLOBAL diversity course:			
US ETHNIC diversity course:			
<b>DEGREE SUMMARY</b>		<b>TRANSFER SUMMARY</b>	
Total Liberal Studies Hours		INSTITUTION	ABBREVIATION
Total HS Curriculum Hours			HOURS
Total Community Health Emphasis Hours			
Total Elective Hours			
<b>GRAND TOTAL (120 hours minimum)</b>		<b>TOTAL TRANSFER HOURS</b>	
<b>OTHER GRADUATION REQUIREMENTS</b>			
Total Community College Hours (64 max)			
Total NAU Hours (30 hours/18 upper division)			
Total University Hours (56 hour minimum)			
Total Upper Division Hours (30 hour minimum)			
NAU Cumulative GPA (2.5 minimum)			
GPA for all HS major coursework (2.5 minimum)			
All HS major coursework a "C" or higher			

\*45 hours from NAU are required to graduate with honors.  
 \*HS 200 must be a "B" or higher.  
 \*Must have "C" or higher in major coursework.

# NAU COURSE DESCRIPTIONS

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## Required Courses:

### **HS 200 HEALTHY LIFESTYLES (3)**

Physical, mental, and social health as it relates to the individual. Students must receive a B or better in this course before proceeding to other HS coursework.

### **HS 205 FOUNDATIONS OF PUBLIC HEALTH (3)**

### **HS 250 PREVENTION CONCEPTS FOR RISKY HEALTH BEHAVIORS (3)**

### **HS 300 HUMAN DISEASES (3)**

Overview of acute and chronic diseases, how these diseases affect the human body, and actions one might take to reduce the risk. Prerequisite or Corequisite HS 200 with a grade greater than or equal to B.

### **HS 303 EXERCISE SCIENCE FOR HEALTH PROMOTION (4)**

### **HS 305 THEORIES OF HEALTH BEHAVIORS (3)**

### **HS 306 METHODS FOR COMMUNITY HEALTH PROMOTION (3)**

### **HS 313 ENVIRONMENTAL HEALTH (3)**

### **HS 317 MATERNAL, CHILD, & SEXUAL HEALTH (3)**

### **HS 390W CURRENT HEALTH ISSUES (3)**

### **HS 402 ORGANIZATION OF COORDINATED SCHOOL HEALTH PROGRAMS (3)**

### **HS 403 PLANNING, IMPLEMENTING, AND EVALUATING HEALTH PROGRAMS (3)**

### **HS 404 PRINCIPLES OF EPIDEMIOLOGY (3)**

Concepts and methods for analyzing the spread and control of disease: trends in solving community health problems. Prerequisite: HS 300 with a grade greater than or equal to C.

### **HS 408C FIELDWORK EXPERIENCE (Capstone) (9)**

Supervised fieldwork experience in a professional community health-promotion setting. Requires 45 hours for each credit earned. Pass-fail only. Prerequisite: application for fieldwork approved by the department at least three months before starting the fieldwork.

# STEPS FOR ADMISSION AND REGISTRATION

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## 1. Schedule an advising appointment to get started by calling or emailing:

**1 (800) 426-8315 or *online.advising@nau.edu***

- Call an NAU Health Sciences advisor prior to applying to determine if you qualify for this program and to help you get started.
- The advisor will ask you to forward unofficial transcripts (or copies) of your college work so far *prior to your official phone or online advising session*. This gives the advisor time to prepare your degree evaluation. The evaluation will show how your transfer credit will apply and the courses you will need to take to complete the B.S. Health Sciences degree.

## 2. Complete the Health Sciences Program Application.

Go to [nau.edu/hsonline](http://nau.edu/hsonline), click on “Admission”, and access the program application under number 3.

Upon receipt, the Health Sciences Coordinator will send you a confirmation letter with instructions on how to proceed.

## 3. Complete the NAU application.

- Go to [nau.edu/hsonline](http://nau.edu/hsonline), click on “Admission”, and access the online university application under number 4. Or, go to [nau.edu/admissions/](http://nau.edu/admissions/) to submit your application.
- Contact your prior colleges and have them submit sealed, ***official*** transcripts to

NAU Undergraduate Admissions  
P.O. Box 4084  
Flagstaff, AZ, 86011

If you are 24 years old or younger and have not completed a regionally accredited associate’s degree, you must send an official high school transcript as well.

## 4. If desired, apply for financial aid.

- Go to [nau.edu/finaid](http://nau.edu/finaid) to get started.
- Call (602) 728-9506 or 1 (800) 426-8315 if you have questions.

## 5. Upon notification of admission, contact your NAU advisor for assistance choosing and enrolling in classes.

## STEPS TO A SUCCESSFUL ONLINE EXPERIENCE

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1. You need access to the Internet. NAU students who do not have access to a computer may use any NAU Extended Campus computer lab. See NAU locations at [extended.nau.edu/](http://extended.nau.edu/) and call the campus for computer lab hours.
2. To access VISTA (NAU's web course platform), go to [vista.nau.edu](http://vista.nau.edu), click on "Log in to VISTA" and enter your NAU User ID and password (which you set up once you are admitted), then click on your class. If you have questions or experience problems logging in, please call the Academic Computing Help Desk at (888) 520-7215 or email [StudentComputing@nau.edu](mailto:StudentComputing@nau.edu).
3. Check your e-mail messages from your instructor frequently. Web instructors contact their students through their VISTA class e-mail accounts. They provide pertinent information about your course. To access your VISTA e-mail, log into your class, then choose "Mail" in the left side menu.
4. Students may purchase texts for their NAU online courses through the NAU Bookstore at [nau.edu/bookstore](http://nau.edu/bookstore).
5. Students who wish to familiarize themselves with the format of an online course or practice online skills can take the TIPS course (Technology Information and Proficiency Skills) that is accessible to all admitted NAU students by logging into [vista.nau.edu](http://vista.nau.edu).
6. Many online courses use the NAU Cline Library as an important resource for class projects and assignments. Your online instructor may provide a link. If not, you can access the library at [nau.edu/library](http://nau.edu/library) or call them toll free at (800) 247-3380.
7. Additional resources to assist online students are located on the Academic Computing Help Desk web site at [nau.edu/its](http://nau.edu/its).

**NAU Extended Campuses wants you to be a successful web student and have a positive experience. If you have questions about your web courses, please feel free to contact the NAU Extended Campuses office at (800) 426-8315.**